

HOT SANDWICHES

COLD SANDWICHES

SMOKY TURKEY PANINI

Lean smoked turkey, applewood smoked bacon, sliced smoked cheddar, and brown mustard, grilled on wheatberry bread **11.49**

GF-O

FUNKY CHICKEN PANINI

Sliced chicken breast, applewood smoked bacon, cheddar and swiss cheeses, garlic-herb mayo, and sliced tomato, panini pressed on ciabatta **12.99**

GF-O

DELI CLUB

Smoked ham & turkey, cheddar & Swiss cheeses, lettuce, tomato, applewood smoked bacon, mayo, & brown mustard, toasted ciabatta **11.99**

GF-O

CHICKEN AVOCADO

Chicken breast, applewood smoked bacon, avocado, chipotle mayo, leaf lettuce, and sliced ripe tomato on toasted ciabatta **11.99**

GF-O

GARLIC-HERB PANINI

Goopy cheddar and Swiss cheeses smeared with garlic-herb mayo and grilled on wheatberry bread **8.99** Add bacon **10.49**

V GF-O

HILLBILLY HEAP PANINI

Our slightly smoky pimento cheese, pulled pork, and house- made ancho BBQ sauce, grilled to gooey perfection on crispy ciabatta **10.99**

GF-O

MEATLOAF PANINI

Char-grilled house-made meatloaf, sliced cheddar cheese, mayo, grilled red onion, and our tangy ketchup glaze, on crispy ciabatta **11.99**

REUBEN PANINI

Corned beef **OR** smoked turkey, sauerkraut, Swiss cheese, Dijon mustard, and 1000 island dressing, grilled on marble rye bread **11.99**

GF-O

REDBUD CHICKEN SALAD

Chicken breast, grapes, celery, and lemon zest tossed in a light tangy dressing, with leaf lettuce and tomato on wheatberry bread **Half 5.99 / Whole 10.99**

GF-O

PIMENTO CHEESE

A slightly smoky southern classic topped with lettuce and tomato on toasted ciabatta **Half 5.99 / Whole 10.99**

V GF-O

TENNESSEE BLT

Crisp applewood smoked bacon, mayo, leaf lettuce, sliced ripe tomato on toasted wheatberry bread **Half 5.49 / Whole 10.49**

GF-O

AVERAGE JOE

Smoked ham **OR** turkey, with cheddar **OR** Swiss, mayo, lettuce, and tomato on wheatberry bread **Half 5.49 / Whole 10.49**

GF-O

HOUSE PASTAS

Pastas served with a soft garlic breadstick

PASTA MARINARA

Curly cavatappi pasta tossed with robust marinara sauce and topped with parmesan, fresh herbs, and a soft garlic breadstick **9.99**

V

CREAMY TOMATO PASTA

Rich tomato cream sauce tossed with curly cavatappi pasta and grape tomatoes. Topped with parmesan, fresh herbs, and a soft garlic breadstick **10.99**

V

CREAMY CAJUN PASTA

Sherry cream sauce tossed with roasted andouille, bell peppers, and curly cavatappi pasta. Topped with parmesan, fresh herbs, and a soft garlic breadstick **11.99**

ADD TO ANY PASTA FOR EXTRA DELICIOUSNESS:

Sliced chicken breast **2.99** Applewood bacon **1.50**
Tender white shrimp **4.99** Roasted Portabellas **2.99**

BREADSTICKS & MARINARA

Four garlic butter breadsticks & warm marinara **4.99**

V

PICK 2!

Customize your meal with one delicious choice from each list below **9.99**

PICK 1

Grilled Cheese Panini
½ Pimento Cheese Sandwich
½ Chicken Salad Sandwich
½ Tennessee BLT Sandwich
½ Average Joe Sandwich
Crispy Green Side Salad
Seasonal Side Salad

+

PICK 1

Side of Roasted Veggies
Cup of Soup (price varies)
8 oz Fruit Salad
8 oz Black Bean & Corn Salsa
8 oz Creamy Dill Potato Salad
Side of Mac & Cheese (+ \$1.00)
Crispy Green Side Salad (+ \$1.00)
Seasonal Side Salad (+ \$1.00)

V-O GF-O

FRESH FLAVORS

SEASONAL MENU - SPRING '24

CAPRESE SANDWICH

Fresh mozzarella, ripe tomato, basil, petite greens, balsamic reduction, and garlic-herb mayo on toasted ciabatta **10.99** Add bacon **1.50**

V GF-O

SALSA FIESTA SALAD

Black bean & corn salsa, shredded cheddar, red peppers, grape tomatoes, fresh tomato salsa, avocado, tortilla chips, and fiesta ranch. Served with a sweet potato muffin or French bread **10.99**

V GF-O

SOUTHERN STRAWBERRY

Chicken breast, fresh strawberries, toasted pecans, crumbled blue cheese, petite greens, and honey vinaigrette*, with a sweet potato muffin or French bread **Side 7.99 / Regular 10.99**

V-O GF-O

PUB STEAK FRIES

Our house seasoned potato wedges, melted cheddar cheese, applewood smoked bacon, green onions, and ranch **8.99**

GF

HOUSE SOUPS

Served with fresh baked sweet potato muffin or French bread

SMOKY TOMATO BISQUE

Onions, garlic, tomatoes, herbs, and cream cooked slow and blended with smoked gouda. Made from our recipe; a fan favorite! Cup **4.49** / Bowl **5.99**

V GF

DAILY SOUP SPECIAL

Ask what's brewing or stewing today! Price varies.

MORE SIDE OPTIONS

For Sandwiches, Salads, Soups, and Entrees V GF

Roasted Vegetables	+2.29	Fresh Fruit Salad	+2.89
Steak Fries with Ketchup Glaze	+2.89	Cup of Tomato Bisque	+3.39
Creamy Dill Potato Salad	+2.89	Bowl of Tomato Bisque	+4.69
Black Bean & Corn Salsa	+2.89	White Cheddar Mac & Cheese	+2.89

GF Indicates our "Gluten Friendly" items, designed for our guests with gluten sensitivities or who prefer to avoid gluten. All of our foods are produced in a common kitchen that is not gluten free, so we don't recommend these items for persons with celiac disease.

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

V Indicates our "Vegetarian" items that do not contain meat or broth made from meat but may contain dairy and/or eggs.

GF-O These items have a "Gluten Friendly Option".

V-O These items have a "Vegetarian Option".



Monday - Saturday 10:30 am - 8:00 pm

423-353-1100 www.redbuddeli.com

ENTREES

LOADED POTATOES & FRENCH FRIES

Available Monday thru Friday 4:00 to Close & All Day Saturday

Baked Potatoes are Gluten Friendly

DIRTY BIRD

A big fluffy baked potato **OR** salt & pepper french fries loaded with chicken, mushrooms, bell peppers, grilled onions, and creamy cheese sauce. Topped with ranch and green onions. **13.99**

GF-O

CHICKEN LITTLE

A big fluffy baked potato **OR** salt & pepper french fries loaded with chicken, cheese sauce, and broccoli. Topped with ranch and fresh herbs. **12.99**

GF-O

BACKWOODS BBQ

A big fluffy baked potato **OR** salt & pepper french fries loaded with roasted pulled pork, pimento cheese, and cheese sauce. Topped with ancho BBQ, sriracha aioli, and green onions. **13.99**

GF-O

CLUCK MASTER 'P'

A big fluffy baked potato **OR** salt & pepper french fries loaded with chicken, bacon, red onions, and cheese sauce. Topped with ancho BBQ and green onions. **12.99**

GF-O

ROCKIN' REUBEN

A big fluffy baked potato **OR** salt & pepper french fries loaded with chopped corned beef, tangy sauerkraut, cheese sauce, 1000 island dressing, and green onions. **12.99**

GF-O

SIMPLY BAKED

Just a big fluffy baked potato with butter and sour cream on the side. Enjoy! **4.99**

V GF-O

CAROLINA PORK PILE

Roasted pulled pork piled on crispy steak fries, dripping with tangy Carolina BBQ sauce and sriracha aioli, garnished with green onions

12.49

GF

CHEESY MEXI-CALI

Slow roasted pulled pork with a creamy cheese sauce loaded with black beans, corn, cilantro, red bell peppers, onion, and spices over our delicious white corn grits **11.99**

GF

SMOKY MTN MEATLOAF

Char-grilled meatloaf stacked up with crispy steak fries, dressed with ketchup glaze and sriracha aioli, garnished with green and grilled onions **13.49**

CRISPY GREEN SALAD

Carrots, red bell pepper, cheddar, grape tomatoes, petite greens, and choice of dressing **8.99**

V GF-O

LOW COUNTRY GRITS

Luscious sherry cream sauce filled with andouille sausage, red bell peppers, and portabella mushrooms, served over our amazing creamy grits

Chicken 14.99 / Shrimp 16.99

V-O GF

VEG HEAD BOWL

Roasted broccoli, carrots, and sweet potatoes, a blend of 5 whole grains, fresh red bell peppers and grape tomatoes, petite greens, sriracha aioli, poppy-seed vinaigrette, and toasted sesame seeds **12.49**

V GF

COBB SALAD

Applewood smoked bacon, blue cheese, red onion, grape tomatoes, boiled egg, avocado, petite greens, and choice of dressing **10.99**

GF-O

Cobb and Crispy Green Salads served with fresh baked sweet potato muffin or French bread.

Sub a gluten free bun- add \$2

TACOS & QUESADILLAS

Served with fresh fried tortilla chips and house-made salsa.

CHILI SHRIMP TACOS

Chili roasted shrimp served cold on cilantro-lime slaw slaw with chipotle aioli in three soft tortillas with tortilla chips and fresh salsa **11.49**

CAROLINA PORK TACOS

Three mouth watering tacos with cilantro-lime slaw, pulled pork, Carolina BBQ, and sriracha aioli in soft tortillas **10.49**

QUESADILLAS

Stuffed full of cheddar cheese, black bean & corn salsa and your choice of sliced chicken breast, pulled pork, **OR** roasted portabellas. Served with fresh salsa and tortilla chips **11.49**

V-O

CHICKEN STREET TACOS

Three tasty tacos with lime-cilantro slaw, sliced chicken, and sriracha aioli in soft tortillas **10.49**

Food is what we do. Fresh is who we are.

We take pride in offering fresh, flavorful, high quality food. Our Soups, Salad Dressings, Sauces, Condiments, and more are made in-house from our own recipes.

Using local and regional produce when it is available, we source fresh fruits and veggies and chop them by hand. We slice all of our deli meats and cheeses, season and bake our chicken every morning and use great ingredients in everything we make.

Why do we spend so much time, attention, and effort on our food? Because it **TASTES** better!! And it's better for you. We take the time so you don't have to.



Fresh Food *for* Busy People